

**Helen C. Kales, M.D.**

Investigator, Serious Mental Illness Treatment, Research and Evaluation Center (SMITREC),  
Veterans Health Administration

Director, Geriatric Psychiatry Clinic, Ann Arbor VAMC

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**Research Interests**

Late-life depression: detection, diagnosis, treatment effectiveness, outcomes, and services

Effect of “complexity factors” (gender, race, medical illness, psychiatric comorbidity) on  
detection and outcomes of late-life depression

Race and psychiatric diagnosis in late-life

Dementia and depression and vascular depression

**Current VA Research**

VA HSR&D Career Development Award, “Geriatric Depression: Selected Confounds and  
Impact on Outcomes”

**Recent VA Reports and Publications**

*Health care utilization by older patients with coexisting dementia and depression* 1999

*Race and inpatient psychiatric diagnosis among elderly veterans* 2000

*Race, psychiatric diagnosis and mental health care utilization in older patients* 2000

**Other Current Research/Funded**

Pfizer/American Geriatrics Society Foundation for Health in Aging: The Effect of Race on  
Physician’s Diagnosis and Treatment of Major Depression in the Elderly

American Geriatrics Society/Pfizer 2001 Postdoctoral Fellowship for Research on Health  
Outcomes in Geriatrics, “The Effect of Race on Physician’s Diagnosis and Treatment of  
Major Depression in the Elderly”

Reynolds, Donald W., Foundation: Comprehensive Programs to Strengthen Physicians' Training  
in Geriatrics

**Recent Peer Reviewed Publications**

Complexity in late-life depression: The impact of selected confounding factors on outcomes, The  
Journal of Geriatric Psychiatry and Neurology, in press

**Education and Experience**

Attending Geriatric Psychiatrist, UM Geriatric Psychiatry Clinic 1998-present

Lecturer in Psychiatry, University of Michigan 1998-2001

Consulting Geriatric Psychiatrist, Battle Creek VAMC 1998-2001

Fellowship in Geriatric Psychiatry, University of Michigan 1996-1998

Residency in Psychiatry, University of Michigan 1992-1996

M.D., University of Rochester School of Medicine, Rochester, N.Y. 1992